



The *AMCH Letter*

American Medical College of Homeopathy
Transforming Lives

A newsletter of the American Medical College of Homeopathy

August 2008 | Vol. 4 No.1

MESSAGE FROM The President

Dear Friend of Homeopathy

One of the most important tasks that the American Medical College of Homeopathy faces as we move towards the establishment of a full-time homeopathic medical school, is licensure and accreditation. These represent crucial benchmark steps as we move forward.

Licensure

Licensure is state wide and confers the legal right for a school to teach and develop programs. In Arizona, this is through the Arizona State Board of Private Postsecondary Education. Our existing programs have been licensed through this Board since we opened our school in 2000. We have been working very hard over the last four years to develop licensure for our medical school program as well. We are very pleased to report that we accomplished this important goal in April of this year. The status of this licensure is conditional, pending national accreditation.

Accreditation

Accreditation is national and confers an indication of quality to the organization which is granted accreditation status. AMCH was granted full accreditation status through the Council on Homeopathic Education (CHE) in 2005. The CHE is the homeopathic accreditation body that oversees homeopathic schools in North America. We are one of two schools that is accredited by this institution, although several other schools have nearly completed their applications. The CHE however is not a Department of Education (DOE) recognized accrediting body. Accreditation by a DOE recognized institution allows students to apply for low interest federal loans and is also a requisite step to accept students from overseas. In addition, the Arizona State Board of Private Postsecondary Education requires this as necessary for full licensure.

The AMCH achieved programmatic accreditation for its veterinary program in the last month. This accreditation is through the Academy of Veterinary Homeopathy (not a DOE recognized accrediting body).

Changes in Arizona Licensing Law

SB 1236 was recently signed by Governor Napolitano and will go into effect some time this Fall. This new legislation creates an exemption for Hahnemanian Homeopathic Practitioners in the State of Arizona. Those individuals who practice homeopathy under this exemption will be able to practice independently but will be limited in how they can identify themselves.

VISION Statement

To provide the highest standard of education in homeopathic medicine, which transforms health care and improves the quality of life.

MISSION Statement

- To provide homeopathic students with the knowledge and skills basic to the practice of homeopathic medicine, inculcate them with the fundamental attitudes of compassionate, humanistic patient care, with a spirit and desire for lifelong independent learning and scholarship;
- To establish continuing medical education programs for practicing homeopathic practitioners;
- To make nationally and internationally recognized contributions to homeopathic research;
- Throughout the United States, to model and to promote excellence in homeopathic patient care, engender leadership in environmentally sustainable medicine and disseminate health information to the public.

We have made important progress in the last few months. We appreciate all of your help and support as we grow.

With Warm Regards,

Todd Rowe MD, MD(H), CCH, DHT
President AMCH

TRANSFORMING Lives

Life changing stories with homeopathy



A Case of Chronic Insomnia by Ben Ta'ati, CCH, HMA

After 6 years of having insomnia Sylvia, a 56 year old mother of 4, was on the verge of losing hope altogether. She had lost her job, become severely depressed and anxious and now was diagnosed with Fibromyalgia which had left her partially disabled. She also had menopausal symptoms.

None of the prescription medications that she had tried over the years seemed to help. As matter of fact they had all made her feel worse in one way or another. She had become so hopeless that on a couple of occasions she had thought about committing suicide.

When Sylvia first came to our clinic, she appeared extremely tired and depressed. The aches and pains of her Fibromyalgia were keeping her from walking normally. At that time she reported having a severe case of Insomnia where most nights she could not sleep at all, and other nights she would collapse for 1 or 2 hours after which she would wake up without being able to fall back to sleep again. Of course, suffering from frequent and intense hot flashes were not helping her situation.

Over time Sylvia continued to become more isolated from her friends and family. She found it very difficult to interact and play with her beloved grandchildren.

During her Homeopathic consultation we spent a great deal of time understanding her emotional and physical symptoms. This in turn helped us select a remedy that was intended to address the totality of symptoms of Sylvia, both at an emotional and physical level.

Within the first week of being on the Homeopathic remedy, Sylvia reported that her sleep had significantly improved. Within two months of her initial visit she reported a sense of calmness and well being, and her aches and pains in her lower back, elbows and knees had improved so much so that she had started taking short walks in the morning by herself.

By the time of her second follow up visit Sylvia had seen so much improvement that, for the first time in 6 years, she had resumed her 2 mile walks. She was no longer suffering from the aches and pains of Fibromyalgia and her hot flashes had been significantly reduced to a point that she had forgotten about them.

Within the first 7 months of Homeopathic treatment Sylvia's entire life was transformed! She went from being extremely depressed, suicidal and isolated from the rest of the world, to becoming again very active and passionate about life. She now spends lots of time with her grandchildren. She started a new business with her husband and is actively involved with her community teaching Sunday classes and other volunteer services.

Imagine now the outcome of Sylvia's life had she not tried Homeopathy. She would still be on different types of antidepressant, hormone and pain medications. Considering that now in America according to the American Cancer Society one in three women will develop cancer in their life time, it is not too difficult to imagine Sylvia's life having headed for disaster.

When we experience a state of perfect health our bodies do not cry out for help through the expression of symptoms, nor do our thoughts and emotions weigh us down with negativity. Our experience becomes one of pure joy in the perfect pleasure of being. This is the optimal state for us to carry out our life-purpose unhampered by the restraints of ill health. It is our true inheritance to achieve this state, which then allows for spirit to shine through us and guide us on our path. Homeopathy's transforming power enables us to achieve this state of health and harmony, removing many obstacles to the recognition of our true selves, and with this recognition comes a sense of connection to something greater. It gives new meaning to our lives and transforms the routine of daily living into a grand adventure.



If you have a homeopathic story you would like to share, contact us at info@AMCofH.org

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EXPLORING *The American Medical College of Homeopathy*

EDUCATIONAL Opportunities

Homeopathic Practitioner Part-Time Certificate Program

AMCH will be starting another part-time homeopathic practitioner program next year. This will be the sixth class since the programs beginning. The Program spans 900 hours over three years and includes 300 hours of clinical training. The program prepares the practitioner for the professional practice of classical homeopathy. This program is both licensed by the State of Arizona and accredited by the Council on Homeopathic Education. Contact the registrar@AMCofH.org or call 602-347-7950.

AMCH/PIHMA Joint Program

AMCH is partnering with the Phoenix Institute of Herbal Medicine and Acupuncture to offer a combined program in Oriental Medicine and Homeopathic Medicine. For AMCH: Contact the registrar@AMCofH.org or call 602-347-7950. For PIHMA: Contact the registrar at contactus@pihma.edu or call 602-274-1885.

AMCH Veterinary Program

We are starting a homeopathic veterinary program this fall. This program is open both to the general public and to licensed veterinarians. The program is 500 hours and spans two years. One third of the program is clinical training. Contact the registrar@AMCofH.org or call 602-347-7950.

Acute Care & First Aid

AMCH offers a 40-hour introductory course that is designed to teach acute care and first aid prescribing for the public. This class meets one Saturday per month for six months. We are currently offering this program in both Pittsburgh, PA and Phoenix, AZ. Contact the registrar@AMCofH.org or call 602-347-7950.

Introductory Distance Learning Programs

We have two distance learning programs that we offer nationally. These are 40 hour and 50 hour introductory courses that are designed to teach first aid and acute prescribing. They are CD/DVD based and accompanied by an extensive syllabus. Contact Lesley Hesselmann at DistanceLearning@AMCofH.org or 602-347-7950 for more information.

Green Medicine Distance Learning Program

We are beginning a new Distance Learning Program in Green Medicine. This program teaches how to create a sustainable green medicine practice. This program is offered in affiliation with Teleosis Institute. The program is 35 hours and spans two months. It includes on-line training and chat room discussion. Contact Lesley Hesselmann at DistanceLearning@AMCofH.org or 602-347-7950 for more information.

Full Time Program

AMCH is planning on starting its full-time homeopathic medical school program in 2011. This is designed to be a four-year full-time training in homeopathic medicine and will provide a doctoral level of training. Graduates will be licensed as doctors through the Arizona Board of Homeopathic Medical Examiners. Contact the registrar@AMCofH.org or call 602-347-7950.

IN THE News

New AMCH Website

We have nearly doubled the content of our web site and streamlined its flow. Visit us at www.AMCofH.org. This website now contains detailed information about all of our programs, as well as an introductory video about AMCH.

Growth of the AMCH Library

The AMCH library continues to grow, with a collection of nearly 3500 books. We recently received a very large donation of medical books from the Cathcart Foundation. We are seeking volunteer help to catalog the library.

Doctoral Program Licensure

The AMCH Doctor of Homeopathic Medicine Program achieved conditional licensure through the Arizona Board of Private Postsecondary Education last month. This was a four-year project and represents a vital step in our progress towards creating the medical school.

AMCH Research

Homeopathic provings are the research method that homeopaths use to discover new homeopathic medicines. The AMCH Research Institute has conducted over twelve provings since the college was formed, including such substances as Wood Sorrel, Gila Monster, Saguaro Cactus, Creosote, Turquoise and most recently Desert Locust (*Schistocerca americana*). All of these medicines have been used successfully in curing disease by homeopathic practitioners. A new homeopathic proving will be conducted this fall. If you would like to participate in future provings please contact the proving coordinator Marilyn Gradov (marilyn@gradov.com) or visit our website for more information.

AMCH has also recently completed its National Homeopathic Patient Survey. The results of this survey are available on the research section of our web site as a downloadable PDF (www.amcofh.org/Research/CommunityScienceResearch).

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FOR MORE Information

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AMCH Receives Endowment Gift of \$200,000

A heartfelt thank you to Loretta Bardewyck RN who has bequeathed AMCH \$200,000. Loretta was an active member of the Arizona Homeopathic Community for many years. A founding member of the Phoenix Homeopathic Study Group, she had a deep and abiding love for homeopathy. To date, AMCH has raised \$470,000 of its initial Phase One \$1 million goal.

AMCH Receives Large Medical Book Collection Donation

AMCH has received a large collection of medical books from the Cathcart Foundation in Palo Alto, California. AMCH continues to solicit homeopathic book donations from the community as well as texts on alternative and natural medicine for its library. The AMCH Library now houses approximately 3500 volumes.

AMCH Seeks Volunteers:

Library cataloging • Marketing committee • Fundraising committee

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www.amcofh.org/newsletter.html