

American Medical College of Homeopathy

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American Medical College of Homeopathy
Transforming Lives



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AMCH Thanks Members of the Technology Committee

AMCH would like to extend a grateful thank you to the members of its Technology Committee. These individuals have been working tirelessly to provide online technology and state of the art database construction. These include Patrick Hesselmann (Chair), Mario Fontes, Michele Davidson, Matthew Gutekanst and Dan Thompson.

AMCH Receives Major Research Award

The American Medical College of Homeopathy received an award in May 2009 from the Arizona Private School Association. This annual award was for Best Practices in the last year relating to the AMCH Research Program. Dr. Todd Rowe was present to receive the award on behalf of the college. The AMCH Research Program has expanded tremendously in the year and has helped to spark national growth in the homeopathic research field.

AMCH Seeks Volunteers

Marketing committee • Fundraising committee

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The AMCH Letter

American Medical College of Homeopathy
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A newsletter of the American Medical College of Homeopathy

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MESSAGE FROM The President

AMCH Goes Green

What is Green Medicine?

What exactly is Green Medicine? Green or Sustainable Medicine recognizes the link between the environment, medicine and human health and seeks to provide better health care while protecting our limited environmental and medical resources. It stimulates the body's own resources and extraordinary abilities to repair and rebuild itself, and help reverse even serious illness, using natural medicines and not usually drugs, to move our bodies in a healing direction (personal green). It means living a clean life at home, avoiding exposures, as much as possible, to toxic synthetic chemicals (local green). It also means working to keep the larger world around us cleaner, greener, as it was originally meant to be (global green). There are numerous reasons to pursue sustainability within health care, including; responsibility toward the environment for both nature and ourselves, ethical duty for the welfare of future generations, just and equitable allocation of resources, financial benefits of avoiding increasing costs, improved public health and health care delivery, and a spiritual call to stewardship.

Why is Homeopathy the Most Important Form of Green Medicine?

Safety: Homeopathic medicine is one of the safest forms of medicine on the planet. It provides a gentle, less toxic form of medicine. It can be effectively used in pregnant women and newborns. It minimizes the amount of chemical waste and leaves virtually no chemical waste footprint on the environment. The Hippocratic Principle of Do No Harm requires that we develop sustainable practices and prevent harm to humans, our community, and the natural world.

Natural: Homeopathy uses natural medicines that come from mineral, plant and animal worlds. Minute amounts of the substances are used so that plants and animals do not need to be destroyed to prepare these medicines.

Inexpensive: Homeopathic medicines and homeopathic treatment is relatively inexpensive. A recent national research study indicated that homeopathic medicines average 1/5 the cost of conventional medicines and homeopathic treatment. This relative inexpensiveness reduces the financial imprint of homeopathic medicine and is why homeopathy is often referred to as the "People's Medicine".

Individualization: One of the keys to Green Medicine is the concept of Individualization. Homeopathic medicines are individualized to uniquely match the right medicine to the right patient. This reduces waste and reduces side effects in treatment.

Holistic: Homeopathic medicine is holistic. It treats patients on all levels of their being including physical, emotional, mental and spiritual. In doing so, it reduces stress in the process of healthcare. The long length of visits and supportive care helps patients feel listened to and heard. Homeopathic medicine is also useful for all types of diseases including human disease, animal disease and plant disease.

Sustainability: Homeopathy is highly sustainable medicine—ecologically, financially, and socially. Medicines cost just pennies to dispense, and create no drain on natural resources, and no pollution. It is practiced all over the world, often in the poorest regions where pharmaceutical companies have no interest. Mothers and fathers use it safely at home to treat stings, bruises, fevers and more; at the same time that homeopathic practitioners use it to treat serious illness such as malaria in India and AIDS in Africa. Recently completed studies have linked global warming, climate change and greenhouse gases to a wide range of health problems, including lowered immunity, heart disease, asthma, allergies, cancer, and diabetes. These are all conditions treatable using homeopathic medicine. Homeopathic medicine has also shown considerable efficacy in the treatment of epidemic disease.

Prevention: Homeopathic medicine supports the body's own natural defenses, making it less susceptible to disease. Homeopathic medicines have been used successfully to prevent contracting disease during epidemic outbreaks.

Greening the Local Environment: Removing obstacles to cure (local green) in homeopathic treatment requires patients to lead a cleaner, more healthy green lifestyle. This may include eating organic foods and drinking clean water.

Preserving the Global Environment: Homeopathic research is continually investigating new and natural substances from around the world. Homeopathic practice generates minimal waste. Currently hospitals create two million tons of waste each year. Homeopathic practice reduces carbon footprints.

VISION Statement

To provide the highest standard of education in homeopathic medicine, which transforms health care and improves the quality of life.

MISSION Statement

- To provide homeopathic students with the knowledge and skills basic to the practice of homeopathic medicine, inculcate them with the fundamental attitudes of compassionate, humanistic patient care, with a spirit and desire for lifelong independent learning and scholarship;
- To establish continuing medical education programs for practicing homeopathic practitioners;
- To make nationally and internationally recognized contributions to homeopathic research;
- Throughout the United States, to model and to promote excellence in homeopathic patient care, engender leadership in environmentally sustainable medicine and disseminate health information to the public.

This reduces our contribution to increasing concentrations in nature of substances extracted from the earth's crust, reduces our contribution to increasing concentrations in nature of substances produced by society and reduces our contribution to increasing degradation of nature by physical means.

Homeopathic Education in Green Medicine: Homeopathic education is also designed to be green. It focuses on a holistically based training that is individualized and sustainable. The American Medical College of Homeopathy in Phoenix, Arizona offers an online course in partnership with Teleosis Institute, called the Green Health Care Online program.

As AMCH moves forward, it is working to become green on all of these levels.

With Warm Regards,

Todd Rowe MD, MD(H), CCH, DHT
President

TRANSFORMING Lives

Life changing stories with homeopathy

Green Medicine - Sustainable Medicine by Marth Grout

Martha Grout, MD, MD(H) has two decades in emergency medicine and a decade in homeopathic medicine. The Arizona Center for Advanced Medicine in Scottsdale specializes in metabolic testing and "green" treatments for chronic illness, as well as hemioencephalographic biofeedback (HEG) for brain training. The Center is located at 9328 E. Raintree Drive, Scottsdale, AZ., 480-240-2600, www.ArizonaAdvancedMedicine.com



When I think of "green" or "sustainable" medicine, I think of natural remedies, food as medicine, food as nourishment – those substances which our bodies need to function, and which we may have in insufficient quantities.

I read articles in the newspaper almost every day about different aspects of what is so casually called "health" care. And I keep thinking to myself: "Boy, I know a less expensive, less destructive and better tasting way to fix that issue."

How does "technology" and what we today call "medicine" relate to green and sustainable medicine? It would appear on the face of it that there is little relationship between those concepts. And yet... what mystics and medical intuitives have seen and felt for centuries, we are finally beginning to capture with our technology – scanning and imaging the body's bioelectric field, matching distortions with remedies and frequencies which can heal them, even imprinting those frequencies directly into a vehicle which our patients ingest. I do not believe that we can define "green" medicine by eliminating technology.

There are many ways to scan something in order to acquire information about its structure or function.

- We can cut it out and look at it under a microscope (that's the surgical technique)
- We can bombard it with ionizing radiation (that's the Xray technique, used for CT scans and mammograms).
- We can bounce sound waves off it (that's the sonographic technique used for echocardiograms and gallbladder ultrasounds).
- We can surround it with a high intensity magnetic field causing distortions in the structure as the protons align themselves with the radio frequency pulse with which they are bombarded (that's the MRI technique used to image soft tissue without having to cut it out first).
- We can observe it (that's the "look" technique)
- We can smell it
- We can taste it (doctors used to diagnose diabetes by tasting the urine)
- We can feel it
- We can measure its emitted heat (that's the thermography technique)
- We can measure its energetic signature (that's the technique used by the Biomeridian, the QXCI, the NES, the GDV and other bioenergetic machines)
- We can infer its energetic signature through observation and discussion (that's the homeopathic technique, and also the techniques used by psychiatrists and psychologists)
- We can "feel" its energy directly, if we are so motivated and talented (that's the technique of the "healer" or the "medical intuitive")

Many different healing modalities play a part in the emerging concept of "green" medicine. Just to name a few: Functional medicine (which aims to fill in what is missing to allow the body to function correctly), Holistic

medicine (less well defined, embraces many modalities), Osteopathic and chiropractic medicine (using the energies of the spinal nerves to help correct dysfunction), Acupuncture (operating at the interface between the energetic and the physical), Body work (releasing painful experiences stored in the body), Homeopathic medicine (working entirely on the energetic level), Hypnosis (looking for the root cause of symptoms, working on physical, emotional and energetic levels).

All these modalities have as their common purpose Healing the dysfunctions, sustaining the body, and Improving the terrain, just as a gardener cultivates the soil, fertilizes it, pulls weeds, removes pests, and eventually gathers a food crop. Just as in gardening, it is important to cull and to prune – getting rid of the weaker shoots or creatures or mental attitudes.

So where does allopathic medicine fit in? We jokingly describe this form of medicine as the "slash, burn and poison" technique. These techniques have a place. Even the forests need a good burn every once in a while, to clear out the underbrush and allow the bigger trees to grow bigger yet. The earth itself explodes periodically, as its tectonic plates shift on one another.

But what do we do with things like kudzu? We know it is good for something, and yet it takes over the landscape in tropical climates – miles of kudzu vines and very little else, because all the rest has been suffocated.

Green medicine is about balance – the yang and the yin, the light and the dark, the full and the empty, the exterior and the interior. The battle and the reconstruction.

Allopathic medicine is all about the battle with bullies who would destroy us. How do we typically deal with bullies? Sometimes they are too set in their ways to listen to reason. When they threaten our lives, or our families, we stop them by whatever means we have available. When pneumonia threatens our lives, we treat with chemicals which kill the bacteria that are causing pneumonia.

But every time we fight, we lose a little of ourselves in the fight. We, in a sense, become somehow the enemy. And every time we win, we lose a little of ourselves as well.

Herbalism sits on the fence. Sometimes it is about the battle – black walnut hulls and berberis to kill pathogenic bacteria. Sometimes it is about supporting organ function while the organism gets its act together – silymarin for liver support, vitamins and minerals to restore proper function.

Green medicine, in the end, is all about balance, restoring balance to body and mind and spirit.

EXPLORING The American Medical College of Homeopathy



EDUCATIONAL Opportunities

Full Time Program

The AMCH Doctor of Homeopathic Medicine program begins in February 2011. This is designed to be a four-year full-time training in homeopathic medicine and will provide a doctoral level of training. We plan to have our graduates eventually licensed as doctors through the Arizona Board of Homeopathic Examiners. We have our first open houses scheduled for Saturday July 18, 2009, 2-4 PM PST (program to start at 2PM), and Saturday October 10, 2009, 2-4PM PST (program to start at 2PM). These can be attended on campus or by webinar. Contact the registrar@AMCofH.org, or call 602-347-7950 for more information.

Introductory Talk Program

AMCH is beginning a monthly introductory talk program in homeopathic medicine. These introductory classes will be available as both classroom based and online webinars. Contact Mary at officemanager@AMCofH.org or call 602-347-7950.

AMCH/PIHMA Joint Program

AMCH is partnering with the Phoenix Institute of Herbal Medicine and Acupuncture to offer a combined program in Oriental Medicine and Homeopathic Medicine. For AMCH: Contact the registrar@AMCofH.org or call 602-347-7950. For PIHMA: Contact the registrar at contactus@pihma.edu or call 602-274-1885.

Preceptorship Programs

AMCH offers preceptorship programs for medical students and residents. These range from weekend based to full month clerkship. Contact the registrar at preceptorships@AMCofH.org or call 602-347-7950.

Acute Care & First Aid

AMCH offers a 40-hour introductory course that is designed to teach acute care and first aid prescribing for the public. This class meets one Saturday per month for six months. We are currently offering this program in Calgary, Pittsburgh and Phoenix. Let us know if you would be interested in teaching this program in your area. Contact the registrar@AMCofH.org or call 602-347-7950.

Introductory Distance Learning Programs

We have two distance learning programs that we offer nationally. These are 40 hour and 50 hour introductory courses that are designed to teach first aid and acute prescribing. They are CD/DVD based and accompanied by an extensive syllabus. Contact Lesley Hesselmann at DistanceLearning@AMCofH.org or 602-347-7950 for more information.

Green Medicine Distance Learning Program

We are beginning a new Distance Learning Program in Green Medicine. This program teaches how to create a sustainable green medicine practice. This program is offered in affiliation with Teleosis Institute. The program is 35 hours and spans two months. It includes on-line training and chat room discussion. Contact Lesley Hesselmann at DistanceLearning@AMCofH.org or 602-347-7950 for more information.

IN THE News

AMCH Doctoral Program Moves Forward

AMCH is now ready to accept applicants to its new Doctoral Program, which is scheduled to begin in February, 2011. Advanced Standing status is available for those students with previous homeopathic training or those students with previous masters level or doctoral medical training. We have our first open houses scheduled for Saturday July 18, 2009, 2-4 PM PST (program to start at 2PM), and Saturday October 10, 2009, 2-4PM PST (program to start at 2PM). These can be attended on campus or by webinar. Contact the Office of Admissions for more details, at info@amcofh.org.

AMCH Goes Online

AMCH is in the process of developing the technology and infrastructure to provide many of its programs online. It has renovated its classrooms to provide the technology necessary to make this possible. We plan on offering our first online program in May of this year.

AMCH Achieves Veteran's Administration Approval

AMCH has just received approval from the Veteran's Administration to provide tuition reimbursement for Veterans. This will apply to the AMCH Doctoral, Certificate and Acute Care Programs. Please contact the AMCH Financial Office for more details.

AMCH Introductory Talk Program

AMCH is launching a new Introductory Talk Program. AMCH practitioners will be providing monthly introductory talks that will be free and open to the public. We anticipate that these talks will feed both our Acute Care Program and our Homeopathic Study Group.

Entrance Requirements for the Doctoral Program

The prerequisites for the Doctor of Classical Homeopathy Program have been changed. This program is now open to anyone with a bachelor's level of education or equivalent.



If you have a homeopathic story you would like to share, contact us at info@AMCofH.org

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