



# The AMCH Letter

American Medical College of Homeopathy  
*Transforming Lives*



A newsletter of the American Medical College of Homeopathy

Fall, 2007 Vol. 1

## MESSAGE FROM The President

Dear Friend of Homeopathy

Welcome to our first AMCH Newsletter! We plan to publish quarterly with both a hardcopy and on-line version ([www.AMCofH.org](http://www.AMCofH.org)). This newsletter will keep you abreast of our progress as we move towards the formation of one of the first homeopathic medical schools in the United States.

The American Medical College of Homeopathy is a medical school that teaches both medical sciences and homeopathy. We have a part-time homeopathic program at present, with a full-time medical school starting in 2009, that will graduate doctors of classical homeopathy. Our objective is to run a school that is supportive of student success. We aim to help the student discover a life-time desire for learning and growth in this wonderful field of homeopathy that is both gentle and curative.

We appreciate all of your help in making the homeopathic medical school a reality. We could not do this without your support. Recently we were very pleased to accept the corporate sponsorship of Hyland's Homeopathy. We continue to seek corporate sponsorship from other supportive businesses, which will benefit all of us. We are gratefully accepting donations from individuals as well as corporations. Every donation, large and small, goes toward the future homeopathic medical school. AMCH is a 501(c)3 non profit Arizona corporation, and all donations are tax deductible.

We graduated our third class in our part time 900 hour homeopathic program in February 2006. Our fourth part-time class is two thirds of its way through its three year training. Our fifth part-time class started in February, 2007. This will be our last part-time class before the start of the full-time homeopathic medical school in September, 2009. We are also starting a part-time veterinary program in September of 2008.

Recently our board of directors selected the theme **Transforming Lives** as the brand for our medical school. Homeopathy is the fastest growing form of alternative medicine in the world today. It is also the most common form of alternative medicine in North and South America. It has the capacity to transform the lives of its patients through its cures of chronic

## VISION Statement

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To provide the highest standard of education in homeopathic medicine, which transforms health care and improves the quality of life.

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## MISSION Statement

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To create and maintain a four-year full time homeopathic medical school and build a foundation for the future of homeopathic medicine.

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illness, using safe, gentle and inexpensive means. It can also transform the lives of its students by awakening a profound love for all life.

We hope that you will enjoy this newsletter as AMCH goes through its own transformation, thanks to all the dedication and support of the homeopathic community. Your support makes a tremendous difference in making homeopathy known and available to everyone and in bringing the school to fruition.

Todd Rowe MD, MD(H), CCH, DHT  
President AMCH

# TRANSFORMING Lives

*Life changing stories with homeopathy*



## “TO LIFE!” by Lauri Grossman, DC

“To life,” Vincent sang out, lifting his goblet of wine like Zero Mostel in *Fiddler*. He stood to clink glasses with his growing family seated around the table. It was the weekend and nothing pleased Vincent more than inviting friends and family to feast on his wife’s Italian delicacies. As they passed plates of melons, figs, and prosciutto around, Vincent’s chest swelled like the ripening fruits of his garden. Good times like this were not to be taken for granted, he knew. For most of his life, he would have remained in the kitchen. The despairing loneliness of the past was not easy to forget.

It all started when Vincent was just two years old. That was when his skin started to act up and what began as a mild rash bloomed into an itching and flaking condition that doctors could not identify. His pediatrician thought it was eczema. A dermatologist labeled it psoriasis. Specialists from countries in Europe and America took biopsies and cultures, but each came up with a different opinion and offered conflicting advice. What’s more, none of their treatments seemed to work.

Vincent’s skin continued to peel and he left trails of dead skin wherever he went. His mother struggled to keep the floors of the house clean. And she had to vacuum the seats of the car whenever the family went for a ride.

As things intensified, Vincent grew more self-conscious of his skin and he began to withdraw. It became difficult for him to date as a young man and it was challenging to find work as an adult. People commented about the sunburned appearance of his face and snickered at the piles of what looked like salt on his shoulders.

No matter how many creams he applied or medications he tried, nothing helped. And by his early thirties, the inflammation worsened to the point that dermatologists feared Vincent would go into cardiac arrest. Steroids had begun to destroy his hip, light treatments provided no benefit, and diet modifications were just as disappointing. Added to that, his skin itched so horribly and oozed so relentlessly that he became embarrassed to sit with even his closest friends or family members. He seemed destined for a life of isolation.

Then a childhood friend of Vincent’s mentioned that he had found relief for his chronic headaches after coming to my office for homeopathic care. Perhaps, he thought, homeopathy could help his friend’s skin disorder too.

Vincent wasted no time in making an appointment with me. I examined his skin, asked about his symptoms, and then selected the homeopathic remedy that I thought could turn things around for him. I wanted to proceed slowly, so I asked for Vincent’s patience.

However, it was only a matter of days before Vincent’s skin stopped itching. The inflammation lessened and the flaking decreased as well. He called my office after a few weeks, “I’m feeling great! My skin is getting clear and in places it’s even smooth and soft.” The relief lasted a week.

So he repeated the remedy again and we worked closely for several months. Although he had some bad days in the process, within three months, Vincent claimed that he was 90% improved. “I can live like a normal person for the first time in my life,” he told me. “I am not constantly analyzing everything to see what will make things flare up. I have energy. I am alert. I can even stand still without scratching when it’s not appropriate.”

Years passed. Vincent became a city planner, but he grew to love being with people so much that he became a professor. He got married and had three daughters, and now cherishes moments with his grandchildren and the big Italian dinners they share in his home. As Vincent describes, “I gave up dairy for years. I gave up red meat and shellfish, too. Then, I didn’t eat fruit. But now I eat what I want, when I want, where I want. And with all the people I love, too.”

Postscript: After his recovery, Vincent contacted several of his original physicians to tell them about his experience with homeopathy and the medicine he received (Sulphur). Not one wished to learn more; they maintained that he probably just outgrew the condition.

**Lauri Grossman is Department Chair of Humanism, AMCH**

If you have a homeopathic story you would like to share, contact us at [info@AMCofH.org](mailto:info@AMCofH.org)



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## EDUCATIONAL Opportunities

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### Annual Homeopathic Conference

AMCH is holding its third annual fundraising conference on March 15<sup>th</sup> and 16<sup>th</sup>, 2008 at the Mesa Convention Center in Phoenix Arizona. The topic for the conference is *Prescribing From the Source* and will be presented by Judyth Reichenberg-Ullman ND, DHANP and Robert Ullman ND, DHANP. There will also be a free Research pre-conference (March 14<sup>th</sup>) and a free Teacher Training post-conference (March 17<sup>th</sup>). Please join us as we explore our natural world and celebrate the accomplishments of the last year. Contact [conferences@AMCofH.org](mailto:conferences@AMCofH.org) or (602-347-7950) for more information.

### AMCH Homeopathic Veterinary Program

We will be starting our first part-time homeopathic veterinary class in February 2008. This is a 500-hour program, which is weekend based and meets three days per month for two years. The program is designed to fully prepare students for national certification and homeopathic practice as licensed homeopathic veterinarians or homeopathic veterinary technicians. Contact [info@AMCofH.org](mailto:info@AMCofH.org) for more information.

### Acute Care & First Aid Course

AMCH offers a 40-hour introductory course that is designed to teach acute care and first aid prescribing for the public. This class meets one Saturday per month for six months. Contact registrar at [info@AMCofH.org](mailto:info@AMCofH.org) or call 602-347-7950.

### Distance Learning Programs

We have two distance learning programs that we offer nationally. These are 40 and 50-hour introductory courses that are designed to teach first aid and acute prescribing. They are CD/DVD based and accompanied by an extensive syllabus. Contact Lesley Hesselmann at [DistanceLearning@AMCofH.org](mailto:DistanceLearning@AMCofH.org) or 602-347-7950 for more information.

### Full Time Program

AMCH is planning on starting its full-time homeopathic medical school program in September 2009. This is designed to be a four-year full-time training in homeopathic medicine and will provide a doctoral level of training. Graduates will be licensed as doctors through the Arizona Homeopathic Licensing Board. Consult our web site [www.AMCofH.org](http://www.AMCofH.org) for more information or contact us at [info@AMCofH.org](mailto:info@AMCofH.org).

## IN THE News

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### New AMCH Website

Visit us at our new AMCH website ([www.AMCofH.org](http://www.AMCofH.org)). Beautifully designed by Cheryl Johnson ND, the new website is a state of the art description of our future medical school program.

### Joint Library

AMCH is partnering with the Phoenix Institute of Herbal Medicine and Acupuncture to form a Traditional Medicine Library. This is slated to be one of the first of its kind in the nation and the largest. The plan is that AMCH will have its own small reference library but house much of its larger collection in this permanent facility. AMCH continues to seek and receive library donations. If you are interested in volunteering to help us organize and catalog our collection please contact us at [info@AMCofH.org](mailto:info@AMCofH.org).

### AMCH Research

Homeopathic provings are the research method that homeopaths use to discover new homeopathic medicines. The AMCH Research Institute has conducted over ten provings since the college was formed, including such substances as Wood Sorrel, Gila Monster, Saguaro Cactus, Creosote, Turquoise and others. All of these medicines have been used successfully in curing disease by homeopathic practitioners. A new homeopathic proving will be completed this fall. If you would like to participate in future provings please contact the proving coordinator Marilyn Gradov at [info@amcofh.org](mailto:info@amcofh.org) or visit our website for more information.

**Contact us to learn more!**  
[info@AMCofH.org](mailto:info@AMCofH.org)  
602-347-7950



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#### **THANK YOU VOLUNTEERS!**

AMCH relies on many volunteers to keep us growing. Our volunteer program is crucial to the College. Volunteers help with office work, develop websites, coordinate open houses, assist in the pharmacy and library, serve on committees and help with many other jobs. We would not be where we are today without them.

To ALL volunteers...thanks for your tireless commitment to AMCH!

## **American Medical College of Homeopathy**

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